

# Getting Around: Bridgend A young person's guide Resource 10 of 12

You may also like to read these resources:

- Employment
- · Benefits and Entitlements
- Benefits and Entitlements- education
- Money- I need some



#### PLANT YNG NGHYMRU CHILDREN IN WALES



#### Getting Ready Project

#### **Benefits of exercise**

There are many benefits to walking or cycling instead of going on public transport or using your car:

- Strengthen your heart, muscles and bones
- Reduce stress
- Lift your mood
- Improve your memory
- Keep fit
- Lower chances of developing chronic conditions (diabetes, stroke)



#### On your bike!

An excellent way to get around is on your bike.

If you don't already have one, you can purchase a second hand bike from various places including:

- Local Facebook buy/sell group
- Shpock
- · Local reuse organisation



Ogmore Valley Trail goes from Aberkenfig to Nant a Mol going through:

- Tondu
- Bryncethin
- Lewistown
- Ogmore Vale
- Price Town

If you don't own a bike you could hire one. Hire is available from Cycle Wales, Llangefni. https://cyclewales.net/



There are different options for getting around Anglesey if you don't have a car. This guide will explore each option and give tips to save money.



For more information about local routes go to: https://www.visitbridgend.co.uk/be-inspired/bike-withconfidence-traffic-free-cycling-routes-in-bridgend

### Cycle Routes near you

Other bike routes include Garw Trai; Celtic Trail The Darren Fawr Mountain Biking Trails



#### **Bus Travel Information**

To get further information, plan a journey or see timetables go to:

- https://www.traveline.cymru/
- https://www.arrivabus.co.uk/
- https://www.nationalexpress.com/en



### MyTravel Pass

- When you are aged 16-21 you can apply for a MyTravel Pass.
- This will give you 30% off normal ticket prices on local bus services

https://mytravelpass.gov.wales/en/

#### Local Buses

- Arriva Buses run a lot of the buses in Anglesey.
- · Tickets are cheaper if you use their app
- Further information is available on:
- https://www.arrivabus.co.uk/
- For information on other local bus services go to:

rking-roads-and-travel/Public-transport/Bustimetables.aspx

- If you are completing a course/work experience or similar they are likely to pay your bus fare back to you
- Make sure you keep your ticket!



### https://www.anglesey.gov.uk/en/Residents/Pa



There are a variety of bus services locally. Information about what is on offer is described on this page.

> National Express offer a Young Person's Coachcard:

- if aged 16-25
- costs £12.50 per year
- gives 33% off standard ticket prices

#### **National Buses**

If you need to go further afield such as Manchester, there are bus services you can use. Tickets are much cheaper if you book in advance

- National Express
- First Bus
- Megabus

#### **Train Travel information**

To get further information, plan a journey, get timetables and live travel updates:

- https://www.traveline.cymru/
- https://tfwrail.wales/homepage
- https://www.nationalrail.co.uk/
- https://www.railcard.co.uk/

For longer journeys use the below 'split ticketing site to get the cheapest advance tickets:

https://syt.trainsplit.com/

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# Ticket Types

Depending on when you travel and how often makes a difference to what ticket to buy: • **Standard**- if you travel during peak times • Advance- if you know in good time you are travelling, book in advance. It will be much

- cheaper
- Weekly pass- if you are travelling 5 days per the cheapest option
- Monthly pass- if you are travelling most days through the month to and from the same places, this will be the cheapest option
- 'Multiflex'- through the TforW app only. If you are making the same journey often but not every day, this is likely to be the cheapest option



Finally we look at train services available in the area. Look out for tips on how to save money.

## Railcards

There are different Railcards you can get to have cheaper tickets

- Young Person Railcard- 16-25 year olds; costs £30 per year; 1/3 off tickets
- Two Together Railcard- if you regularly travel with a friend; costs £30 per year; 1/3 off tickets
- 16-17 Saver- £30 per year; 50% off most tickets
- 18 Yrs (Transport for Wales services only) - £20 per year; 50% off standard tickets
- Student Railcard (Transport for Wales services only)- £20 per year; 34% off standard tickets; 10% off season tickets

week to and from the same places, this will be



Example fares Ty Croes to Bangor return:

- Anytime day return- £6.00
- Anytime day return (with railcard)- £3.95 after 10am
- Weekly pass- £24.70 (£4.94 each journey)
- Monthly pass- £94.90 (£4.75 each journey)

\*Fares correct January 2020

#### **Planning journeys**

Use the Traveline site below to plan journeys:

- https://www.traveline.cymru/
- See if there are buses or trains between the areas you need to get to/from
- Look at how long it takes
- Look at when the first/last bus of the day is. It is no good if you need to be in work at 9am and the first bus won't get you there until 10am.
- Look at how frequent the service is. If there is a train only every 2 hours does that help you get to where you need to go?



### Travel to College

The College you attend is likely to have options for travel that may include:

- Buses put on by the College just to pick up and drop off students. You will get a bus pass to use these buses
- · Bus passes for local buses- you may have to pay towards the cost of these, however ask Student Support in the College you attend
- Local train services- you may have to pay towards the cost of these, however ask Student Support in the College you attend
- If you live less than 2 or 3 miles from the campus they might expect you to make your own way to the College.

### Where I live

- Although you are excited about living independently you need to think carefully about where you live
- Is there regular public transport to the nearest town/College? Can you walk/cycle?
- Is there regular public transport to see friends? Can you walk/cycle?
- How long does it take to get to the nearest town? This could be your commute every day if you work



Possible difficulties:

- Holyhead



Limited buses between Amlwch and

• Limited buses in villages across Anglesey

You will need to travel to get to work or College. How do you get there?

# Travel to work

- If you are in work or looking for work you need to think about how you can get to work
- It is not up to the employer to put transport on for staff, it is up to **you** to find your own way!
- You need to think about how much this will cost and include it in your weekly/monthly budget
- Will it get you to work on time?

Example journey times:

- Llangefni to Bangor (bus)- 30 minutes
- Valley to Holyhead- 15 minutes
- Amlwch to Holyhead- 1 hour

# Support from your employer

- Your place of work may be part of the Cycle to Work scheme where you loan a bike from your employer with a small amount taken from your pay each month
- They may be able to offer you a loan to cover the cost of an annual train pass with an amount taken from your pay each month

