



PLANT YNG NGHYMURU
CHILDREN IN WALES

Getting Around: Caerphilly CBC

A young person's guide

Resource 10 of 12



You may also be interested in these resources:

- Employment- Caerphilly
- Budgeting
- Money- I need some!

Getting Ready Project



There are different options for getting around Caerphilly if you don't have a car. This guide will explore each option and give tips to save money.

Benefits of exercise

There are many benefits to walking or cycling instead of going on public transport or using your car:

- Strengthen your heart, muscles and bones
- Reduce stress
- Lift your mood
- Improve your memory
- Keep fit
- Lower chances of developing chronic conditions (diabetes, stroke)

**WALK
OR
CYCLE**

On your bike!

An excellent way to get around is on your bike.

If you don't already have one, you can purchase a second hand bike from various places including:

- Local Facebook buy/sell group
- Shpock
- Local reuse organisation

For more information about local routes go to:

www.caerphilly.gov.uk/Things-To-Do/Activities/Cycle-trails

OR

www.sustrans.co.uk



Cycle Routes near you

NCN Route 475 (Aber Valley Cycle Route) between Caerphilly and Senghenydd going through:

- Abertridwr

NCN Route 469 (Darran Valley) between Bargoed and Fochriw going through:

- Deri

NCN Route 47 between Crosskeys and Taff Bargoed going through:

- Ynysddu
- Hengoed

NCN Route 468 between Aberbargoed and Rhymney going through:

- Brithdir
- New Tredegar
- Abertysswg





There are a variety of bus services locally. Information about what is on offer is described on this page.

Bus Travel Information

To get further information, plan a journey or see timetables go to:

- <https://www.traveline.cymru/>
- <https://www.stagecoachbus.com/>
- <https://www.natgroup.co.uk/bus-services>
- <https://uk.megabus.com/>
- <https://www.nationalexpress.com/en>

MyTravel Pass

- When you are aged 16-21 you can apply for a MyTravel Pass.
- This will give you 30% off normal ticket prices on local services

National Buses

If you need to go further afield such as London, there are bus services you can use. Tickets are much cheaper if you book in advance.

- National Express- have a service from Cardiff to London
- MegaBus- have a service from Cardiff to London via Bristol

Local Buses

- Stagecoach operate the majority of buses in Caerphilly CBC
- You may get a discount on tickets if you buy a ticket through their app/online
- They have dayrider, student, megarider and weekly tickets available
- Other bus services are operated by NAT Group

National Express offer a Young Person's Coachcard:

- if aged 16-25
- costs £12.50 per year (correct May 2023)
- gives 33% off standard ticket prices



- If you are completing a course/work experience or similar they are likely to pay your bus fare back to you
- Make sure you keep your ticket!



GET THE BUS

Train Travel information

To get further information, plan a journey, get timetables and live travel updates:

- <https://www.traveline.cymru/>
- <https://tfwrail.wales/homepage>
- <https://www.nationalrail.co.uk/>
- <https://www.railcard.co.uk/>

For longer journeys use the below 'split ticketing site to get the cheapest advance tickets:

- <https://syt.trainsplit.com/>

GET
THE
TRAIN!



Finally we look at train services available in the area. Look out for tips on how to save money.

Railcards

There are different Railcards you can get to have cheaper tickets (costs 2023)

- Young Person Railcard- 16-25 year olds; costs £30 per year; 1/3 off tickets
- Two Together Railcard- if you regularly travel with a friend; costs £30 per year; 1/3 off tickets
- 16-17 Saver- £30 per year; 50% off most tickets
- 18 Yrs (Transport for Wales services only) - £20 per year; 50% off standard tickets
- Student Railcard (Transport for Wales services only)- £20 per year; 34% off standard tickets; 10% off season tickets

Ticket Types

Depending on when you travel and how often makes a difference to what ticket to buy:

- **Standard**- if you travel during peak times
- **Advance**- if you know in good time you are travelling, book in advance. It will be much cheaper
- **Weekly pass**- if you are travelling 5 days per week to and from the same places, this will be the cheapest option
- **Monthly pass**- if you are travelling most days through the month to and from the same places, this will be the cheapest option
- **'Multiflex'**- through the TforW app only. If you are making the same journey often but not every day, this is likely to be the cheapest option

Valleys Student Railcard

If you are:

- 16 and over in full time education
- Under 26 and in part time education

A railcard costs £10 per year and gives:

- 26% off day tickets
- 10% off season tickets

ONLY valid on Transport for Wales trains not GWR



Example fares Caerphilly to Cardiff return:

- Anytime day return- £7.60
- Anytime day return (with railcard)- £5 if travelling after 10am
- Weekly pass- £25.90 (£5.18 each journey)
- Monthly pass- £99.50 (£4.98 each journey)

*Fares correct November 2020

GETTING TO WORK! COLLEGE

Planning journeys

Use the Traveline site below to plan journeys:

- <https://www.traveline.cymru/>
- See if there are buses or trains between the areas you need to get to/from
- Look at how long it takes
- Look at when the first/last bus of the day is. It is no good if you need to be in work at 9am and the first bus won't get you there until 10am.
- Look at how frequent the service is. If there is a train only every 2 hours does that help you get to where you need to go?



Travel to College

Coleg y Cymoedd has options for travel including:

- Buses put on by the College just to pick up and drop off students. You will get a bus pass to use these buses
- Bus passes for local buses- the College will help with the cost of this
- Local train services- if this is the best way for you to get to College, the College will help with this.
- If you live less than 2 or 3 miles from the campus they might expect you to make your own way to the College.

If you are 16-21 years old Coleg Gwent has a bus pass scheme which means you could get discounted bus travel to and from college. First you need to get a "My travel pass" which you can do via Caerphilly CBC on 01443 866530.

Please be aware that if there is a course available at a closer college from your first choice you may not get travel support.

Where I live

- Although you are excited about living independently you need to think carefully about where you live
- Is there regular public transport to the nearest town/College? Can you walk/cycle?
- Is there regular public transport to see friends? Can you walk/cycle?
- How long does it take to get to the nearest town? This could be your commute every day if you work

You will need to travel to get to work or College. How do you get there?

Travel to work

- If you are in work or looking for work you need to think about how you can get to work
- It is not up to the employer to put transport on for staff, it is up to **you** to find your own way!
- You need to think about how much this will cost and include it in your weekly/monthly budget
- **Will it get you to work on time?**



Example journey times:

- Ystrad Mynach to Caerphilly- 14 minutes (train)
- Abertridwr to Caerphilly- 16 minutes (bus)
- Bargoed to Cardiff- 50 minutes (train)

Support from your employer

- Your place of work may be part of the Cycle to Work scheme where you loan a bike from your employer with a small amount taken from your pay each month
- They may be able to offer you a loan to cover the cost of an annual train pass with an amount taken from your pay each month